

# Dr. Ray Guarendi



Dr. Ray is a Catholic father of ten, clinical psychologist, author, professional speaker, and national radio & television host. His radio show, "The Dr. Is In" can be heard on over 500 stations and SiriusXM® channel 130. His EWTN television series, "Living Right With Dr. Ray" is in its 14th season and airs in 140 countries. Dr. Ray has given over 3,000 talks on various topics including parenting, marriage, family and the Catholic faith. He captivates audiences with his compelling humor-laced presentations providing practical advice and proven techniques.

**Television Host:** Dr. Ray's national EWTN television series, "Living Right With Dr. Ray," is in its 14th season. The world is in great need of the truth, and of authentic guidance in finding the answers to life's daily family issues. Dr. Ray's television program combines the wit, humour, and experience of its host with the timeless wisdom of the Catholic Church to provide these answers. For seven years Living Right with Dr. Ray, has captivated TV viewers around the world through the dynamic format of a faithfully Catholic family psychologist, Dr. Ray Guarendi, interacting with a live audience and presenting a wide range of topics. Airing three times a week on EWTN, the Global Catholic Television Network, Dr. Ray dispenses practical advice along with a generous dose of laughter. Each show features a special in-studio guest, along with Dr. Ray's spirited segments on parenting, relationships, aging and the challenges facing teens, young adults and families.

**Clinical Psychologist:** For over 40 years, Dr. Ray has a wide variety of experience working with parents, families, educators, substance abuse programs, in-patient psychiatric centers, juvenile courts, and private practice. He has witnessed the common time-tested factors that consistently contribute to success in marriages and families.

**Author:** Dr. Ray's in-depth experience has led to his discovery that the so-called "experts" are undermining parental authority and preventing parents from following their God-given instincts to raise their kids for Heaven. This guiding principle led him to write his best-selling book, *You're A Better Parent Than You Think!* By putting the power, knowledge and authority back in the hands of parents, Dr. Ray has helped thousands eliminate parenting frustrations by showing them proven parenting techniques that result in happy, well-adjusted children. Throughout his vocation and career, he has expanded on this theme to empower families to confidently take charge of the many challenges that arise with respect to marriages, families, raising teenagers and more. Dr. Ray is the author of twenty books including: *How to Get Along With Almost Everybody*, *Raising Upright Kids in an Upside Down World*; *Being a Grandparent: Just Like Being a Parent...Only Different*; *Back to the Family*; *Discipline That Lasts a Lifetime*; *Standing Strong: Good Discipline Makes Great Teens*; *Adoption: Should You, Could You, and Then What?*; *Simple Steps to a Stronger Marriage*; *Winning the Discipline Debates*; *Living Calm*; and *Family Faith Under Fire*. His books on the Catholic faith include *Why Be Catholic?* and *What Catholics Really Believe*, *Thinking Like Jesus*; and *Jesus, The Master Psychologist*.

**Speaker:** Dr. Ray has given over 3,000 talks around the country on topics including smart parenting; happier marriages; successful families; and a variety of motivational themes, for both personal and professional application. He captivates audiences with his humour laced presentations filled with practical advice and proven techniques. Dr. Ray's audiences include professional associations women's & men's groups, churches, industry conferences, public organizations; teachers, hospital personnel and more.

In addition to the Parenting and Family genre, Dr. Ray speaks on many topics concerning the Catholic faith. As an adult "revert," he has written and spoken extensively on Catholic Apologetics. His ecclesiastically approved books, *What Catholics Really Believe* and *Why Be Catholic* are a basis for many of his presentations designed to help Catholics understand and defend the wisdom and beauty of the one, true faith. His book, *When Faith Causes Family Friction*, addresses many issues of faith that are surprisingly common causes of division among family members and relatives.

<https://youtu.be/wodG-63s-08>